

## PROGRESS REPORT received for Second International Tutorials

THIS IS TO CONFIRM THAT THE 2<sup>nd</sup> INTERNATIONAL TUTORIALS IN AESTHETIC PLASTIC SURGERY, HELD AT BOMBAY HOSPITAL INSTITUTE OF MEDICAL SCIENCES, MUMBAI FROM 10<sup>th</sup> To 14<sup>th</sup> January 2007, WAS A RESOUNDING SUCCESS. AS REPORTED EARLIER, THE “MEDICAL COUNCIL OF INDIA” AND THE “MAHARASHTRA STATE UNIVERSITY OF HEALTH SCIENCES”, “INDIAN ASSOCIATION OF AESTHETIC PLASTIC SURGEONS” AND THE “ASSOCIATION OF PLASTIC SURGEONS OF INDIA” HAD ENDORSED THE SAID 2<sup>ND</sup> INTERNATIONAL POST GRADUATE TUTORIALS AND THE WORKSHOP IN AESTHETIC SURGERY. THE “ASSOCIATION OF PLASTIC SURGEONS OF INDIA” HAD ALSO DR. C. R. SUNDERARAJEN NATIONAL UPDATE IN PLASTIC SURGERY”

THE SAID 2<sup>ND</sup> INTERNATIONAL POST GRADUATE TUTORIALS AND THE WORKSHOP IN AESTHETIC SURGERY WAS BLESSED BY THE PRESENCE OF A HOST OF INTERNATIONALLY RENOWNED FACULTY, DRAWN FROM VARIETY OF SPECIALIZED FIELD AND FROM SEVEN DIFFERENT CONTINENTS. FOLLOWING FACULTY MEMBERS CONTRIBUTED RESPECTIVELY AT THE INSTRUCTIONAL COURSE AND THE WORKSHOP, PANEL DISCUSSION, PLENARY LECTURES AND LIVE SURGERY DEMONSTRATION.

1	Dr. Thomas	BIGGS	Houston	<u>U.S.A.</u>
2	Dr. Bruce	CUNNINGHAM	Minnesota	<u>U. S. A.</u>
3	Dr. Brian	KINNEY	Los Angeles	<u>U. S. A.</u>
4	Dr. Jose	GUERREROSANTOS	Mexico City	<u>MEXICO</u>
5	Dr. Satish	VYAS	Detroit	<u>U. S. A.</u>
6	Dr. Ghaith	SHUBAILAT	Aman	<u>JORDAN</u>
7	Dr. Michele	ZOCCHI	Torino	<u>ITALY</u>
8	Dr. Paraskevas	KONTOES	Athens	<u>GREECE</u>
9	Dr. Luiz	TOLEDO	Dubai	<u>U.A.E.</u>
10	Dr. Ashok	GUPTA	Mumbai	<u>INDIA</u>
11	Dr. Alfred	BERGER	Hanover	<u>GERMANY</u>
12	Dr. Abdul Reda	LARI	Kuwait	<u>KUWAIT</u>
13	Dr. Albrecht	KRAUSE - BERGMANN	Hanover	<u>GERMANY</u>
14	Dr. Edvin R	TURKOF	Vienna	<u>AUSTRIA</u>

15	Dr. Gen. L.	SADHOTRA	New Delhi	<u>INDIA</u>
16	Dr. Wolfgang	FUNK	Munich	<u>GERMANY</u>
17	Dr. Suresh	GUPTA	New Delhi	<u>INDIA</u>
18	Dr. Lokesh	KUMAR	New Delhi	<u>INDIA</u>
19	Dr. Satish	AROLKAR	Mumbai	<u>INDIA</u>
20	Dr. Neeta	PATEL	Mumbai	<u>INDIA</u>
21	Dr. Baman	DAVER	Mumbai	<u>INDIA</u>
22	Dr. Nitin	MOKAL	Mumbai	<u>INDIA</u>
23	Dr. Arun	SINGH	Lucknow	<u>INDIA</u>
24	Dr. Kuldeep	SINGH	New Delhi	<u>INDIA</u>
25	Dr. Manoj	JOHAR	New Delhi	<u>INDIA</u>
26	Dr. K	RAMCHANDRAN	Chennai	<u>INDIA</u>
27	Dr. Manoj	KHANNA	Kolkotta	<u>INDIA</u>
28	Dr. Ajay	MAHAJAN	Plymouth	<u>UK</u>
29	Dr. Mohan	RANGASWAMY	New Delhi	<u>INDIA</u>
30	Dr. Sheila	ROHATGI	Kolkotta	<u>INDIA</u>
31	Dr. Sanjeev	UPPAL	Ludhiana	<u>INDIA</u>
32	Dr. Suchetan	PRADHAN	Mumbai	<u>INDIA</u>
33	Dr. Sneha	PANDEY	Mumbai	<u>INDIA</u>
34	Dr. Rakesh	KALRA	Dehradun	<u>INDIA</u>

The Medical Council of India, the Maharashtra State University of Health Sciences, the Indian Association of Aesthetic Plastic Surgeons and the Association of Plastic Surgeons of India had endorsed the International Tutorials as advanced Teaching CME Program. All the lectures / operative demonstration were of very high standard. The Certificates of attendance were traded in exchange of the completed Medical Council of India Evaluation Forms. By summing up in the Evaluation forms submitted by about 200 attending delegates / faculty most of the lectures had scored either an average of very good (grade-4) or excellent score (grade-5).

Following is the break up the Faculty and the delegates Country wise;

Sr. No.	Country	No of Faculty
1	U. S. A.	4
2	INDIA	20
3	GERMANY	3
4	GREECE	1
5	ITALY	1
6	KUWAIT	1
7	AUSTRIA	1
8	MEXICO	1
9	JORDAN	1
10	U.A.E.	1

A total of 176 delegates and 34 Faculty attended the International Tutorials.

**Following topics were discussed:**

1. Facial Contouring & Rejuvenation
2. Facial Rejuvenation and Face / Neck Lift
3. Rhinoplasty
4. Blepharoplasty
5. Interactive Session -
6. Laser
  - Laser Resurfacing
  - IPL Skin Rejuvenation
  - Pigmented lesions
  - Laser for Hair Depilation
7. Breast
  - Vertical breast reduction and mastopexy
  - Breast augmentation
8. Hot Topics
9. Lipo-sculpturing / Body Contouring
10. Botox and Soft tissue fillers

This evaluation established the fact that this course was very useful as it had covered all aspect of the specialty, improved the understanding of the subject and skill, helpful in improving patient care and request for similar course in future once every year. The course also involved demonstration of operating procedures, which was also well received by the delegates.

**OPERATING SESSION:**

Following International and National Faculty participated in Live Demonstration of various surgical procedures.

<b>Dr. Bruce</b>	<b>CUNNINGHAM</b>	<b>Minnesota</b>	<b><u>U. S. A.</u></b>
<b>Dr. Brian</b>	<b>KINNEY</b>	<b>Los Angeles</b>	<b><u>U. S. A.</u></b>
<b>Dr. Ashok</b>	<b>Gupta</b>	<b>Mumbai</b>	<b>India</b>
<b>Dr. Ghaith</b>	<b>SHUBAILAT</b>	<b>Aman</b>	<b><u>JORDAN</u></b>
<b>Dr. Paraskevas</b>	<b>KONTOES</b>	<b>Athens</b>	<b><u>GREECE</u></b>
<b>Dr. Luiz</b>	<b>TOLEDO</b>	<b>Dubai</b>	<b><u>U.A.E.</u></b>
<b>Dr. Alfred</b>	<b>BERGER</b>	<b>Hanover</b>	<b><u>GERMANY</u></b>
<b>Dr. Albrecht</b>	<b>KRAUSE – BERGMANN</b>	<b>Hanover</b>	<b><u>GERMANY</u></b>
<b>Dr. Edwin R</b>	<b>TURKOF</b>	<b>Vienna</b>	<b><u>AUSTRIA</u></b>

All the four Operating Rooms were names honoring the Gold Sponsors i.e. The Mentor Theater, the Euromi Theater, The Storz Theater and Ethicon Theater respectively. There were six Anesthesiologists and equal number of Anesthesia technician to support the entire surgical demonstrations.

Each of the operating room had a moderator and two way audio communications with the auditorium and the images were shown on two large screens with PIP.

Ms. Veronica D'Souza, the Operation Theater In-charge at the Bombay Hospital & Medical Research Centre did a commendable job of organizing the Live Surgery Demonstration through out the day on 13<sup>th</sup> January. Not only she provided the much-needed support and guided all the scrub nurses / staff during the specialized surgeries and ensured un-interrupted supplies of sterilized linen & instruments. She was well supported by Operation Theatre & Recovery Room nurses & Technicians, as if they were working on their regular duty schedule for routine operations. Live demonstration of office procedures like soft tissue fillers / IPL procedures was also conducted very smoothly on 14<sup>th</sup> January. It was remarkable to note that every single faculty was absolutely at home at the operation theater and had full praise for all the nursing staff and operation theater technicians. Even the Implants, Dermabond Tissue Adhesive, Radio-frequency Surgical Unit, soft tissue fillers etc. were handled and prepared very professionally and efficiently, without making it appear that they are looking at them for the first time.

Following Surgical Procedures were demonstrated live through CCTV with two-way communication and were moderated by a team at the Operation Theatre as well the Auditorium:

- **Under General Anesthesia:**

1. Breast Augmentation	X 1
2. SAL / Body Sculpturing	X 3
3. Endoscopic Brow and Forehead Lift	X 1
4. Face Lift and Facial Rejuvenation	X 1
5. Blepharoplasty / Facial Rejuvenation	X 2
6. Rhinoplasty	X 1

Various Manufactures supported the Live Surgical Demonstration and provided the Faculty, Instrumentations as well Consumables

a) M/S Mentor	:	Breast Implant
b) M/S Johnson & Johnson	:	Endo Workshop
c) M/S Euromi	:	Vibro Liposuction
d) Storz	:	Endoscopic surgery
e) Ellman	:	Radio Freq. Unit
f) Q med	:	Soft Tissue Fillers
g) Allergan	:	Botox

Two of the representatives of each of the Sponsor and Exhibitors were also given the status of a Registered Delegate.

All including the International and National Faculty and Delegates enjoyed Fellowship and Social events, which were held at different locations as follows.

1. Faculty Welcome Reception and the Workshop Dinner on 9<sup>th</sup> January.
2. Bombay Hospital Trust Chairman's Dinner on 10<sup>th</sup> January.
3. Faculty Dinner on 11<sup>th</sup> January (Mentor Corp.).
4. Organizing Committee Dinner on 12<sup>th</sup> January.
5. Tutorial Dinner on 13<sup>th</sup> January (Ellman).

As pre Tutorial Hands on Endo Surgical Skill Development Course was conducted by a group of distinguished Faculty between 8:00 AM to 5:00 PM on 9<sup>th</sup> January and was largely attended and appreciated by most.

**Dr. Ashok Gupta**

Chairman, Organizing Committee  
2<sup>nd</sup> International Tutorials Aesthetic Surgery